



The Royal New Zealand
College of General Practitioners
Te Whare Tohu Rata o Aotearoa



NEW ZEALAND
RURAL
GENERAL PRACTICE NETWORK

Programme for Rural Research Day Rural GP Network Conference 2018

Thursday 5th April 2018

Aim of the day:

An annual opportunity to present research pertinent to life in Rural New Zealand, to properly inform our communities, ourselves and policy makers of the issues facing our sector.

Programme

1000 - 1020

Welcome Mihi Whakatau

1020 - 1030

Introduction to the Rural Research Day

Greville Wood

1030 - 1100

Research is Integral to Rural Practice

Roger Strasser, Northern Ontario School of Medicine

1100 - 1130

How do you Activate a Blueprint? From concept to reality, a rural research network

Fiona Doolan-Noble; Dept of GP and rural medicine, University of Otago

1130 - 1200

Rural Research Strategy

Greville Wood + Sampsu Kiuru

1. Review of Research Strategy of the Rural Chapter of the RNZCGP (Greville Wood)

- What has been achieved in the year to date?
- What suggestion/research questions have been received from various interested parties?
- Review the Strategy to ensure it still reflects the research agenda of the New Zealand rural sector.
- Agree on the Strategy and its' goals for the following year and then publish the strategy as a guide to help the sector focus its resources on achieving agreed objectives.

2. Developing a rural hospital research network (Sampsu Kiuru)

- Developing a rural hospital research network
- DRM/Rural GP collaboration

1200 - 1245

New Zealand Rural Research (3 x 15 mins)

- 1. Urban and Rural Differences in GP Enrolment Patterns**
Jesse Whitehead; National Institute of Demographic and Economic Analysis, Waikato University
- 2. Self Harm and Suicidality in Rural Youth: A ten year observational retrospective study of trends in self harm and suicidality in Ashburton youth**
Steve Withington; Ashburton Rural Academic Unit
- 3. Aging in the Rural Environment: LiLACS NZ Cohort data by rural/urban split**
Ngaire Kerse, Auckland University

1245 - 1310

Lunch

1310 - 1330

New Zealand Rural Research (2 x 10 mins)

- 1. Energy Density: An Evidence Based Approach for Weight Loss in General Practice**
Nick White
- 2. TBC: Leptospirosis in Northland**
Tanya Quin

1330 - 1500

Doing Big Science in Small Communities: A Joint Session with the National Research Conference "Shaping the Future of Metabolic Disease"

- 1. Pharmacogenomics and developments in personalised medicine**
Professor Jose Flores, Harvard University
- 2. Obesity, genetics and Appetite control.**
Dr Giles Yeo, Cambridge University (Presenter of BBC's 'Trust me, I'm a Doctor' series)
- 3. Telemedicine**
Dr Lance O'Sullivan
- 4. Differences in Gut Fructose Uptake and it's Correlation with Metabolic Health**
Professor Peter Shepherd, Dept of Molecular Medicine and Auckland Cancer Society Research Centre
- 5. Panel Debate (30 mins): How can rural clinicians become involved in large scale research Projects**
Chaired by: TBC - Chair of the National Research Council
 - *Peter Shepherd: The Maurice Wilkins Centre*
 - *Jennie Harre Hindmarsh: Ngati Poruo Hauora Charitable Trust*
 - *Fiona Doolan-Noble: RAOR and University of Otago*
 - *Sampsa Kiuru: Rural Hospital Research Network*

1500 - 1510

Coffee and Discussion

1510 - 1555

How to write and publish research

Felicity Goodyear-Smith; University of Auckland

1555 - 1615

New Zealand Rural Research (2 x 10 mins)

1. The Assessment of Acute Chest Pain in New Zealand Rural Hospitals Using Point-of-Care Troponins

Rory Miller

2. What are the factors influencing the success of primary care quality improvement efforts?

Jane Cullen

1615 - 1700

Developing the Capacity of Rural Researchers

Free session for all delegates to the RGPN Pre-conference and Conference, join us for tea and the question and answer session

Chair: *Fiona Doolan-Noble*

Panel: *Felicity Goodyear-Smith, Sampsa Kiuru, Ngairé Kerse, Garry Nixon, Greville Wood*

Panel discussion/Question and Answer Session

Questions from the floor on any delegate, topics likely to be covered:

- Basic teaching for aspirant researchers
- Advanced training for researchers
- University platforms for promoting their support – mentoring, support and academic rigour
- Advice regarding funding and how to apply